

# Working With Minors

## Parent/Guardian Acknowledgement

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Body Outfitters' mission is to have a positive impact on the health of every person who connects with our brand in a way that improves their lives. When working with minors it is essential that the behavior of our trainers/staff is above reproach and always reflect the Body Outfitters (BO) core values. Similar standards of conduct are expected by our clients.

All "minor clients" referenced below refer to all clients under the age of 18.

### **Our Trainers/Staff are Required to:**

- Integrate SAFESPORT™ policies - All trainers and staff must complete SAFESPORT™ training and annually complete a refresher course and integrate policies into interactions with minor clients.
- Formally notify and receive consent from minor client and parent/guardian of this policy
- Call out ANY inappropriate behavior by the minor client. Inappropriate behaviors include but are not limited to:
  - Disregard for safety instructions
  - Sexual misconduct in or on studio property
  - Disregard for personal privacy balanced with safety in changing areas/shower rooms
  - Disregard of policy to meet in publicly visibly and open areas
  - Notice of parent/guardian disapproval of transportation to and/or from studio
  - Disregard for social media and electronic communications policy
  - Inappropriate physical contact between minor clients or with adults
  - Misuse of photography, taken and/or published without notice, without adult consent, and/or with displaced uniform or clothing
  - Inappropriate vulgar or sexual language or insinuations

### **Minor Clients are Expected to:**

1. Use social media with caution including:
  - Do not post any pictures of trainers, staff, or other minor clients of Body Outfitters without the approval of all adults and the parent/guardian of the other minors
  - Do not friend staff/trainers or otherwise attempt to connect with them on social media; please do not tag our staff/trainers on social media
  - Use tasteful photos, not in any perceivable "inappropriate" position, for instance, a position that could be sexualized and/or with clothing or uniform displaced if the post tags Body Outfitters or its staff/trainers, or if a BO logo is present and/or the photo was taken on our property
2. Include parents/guardians on all email and texts with our staff and trainers
3. Seek advice on life, school, or other non-fitness related topics from qualified adults including parents/guardians, school staff, and licensed professionals.
4. Keep physical contact limited to handshakes, fist bumps, etc. We do not endorse hugging or other forms of physical contact between minors and adults or minors and other minors on our property.
5. Meet trainers/staff only in our studios and "on the clock."
6. Only invite trainers/staff to other events when parents/guardians will be present.

### **Parents/Guardians Acknowledge:**

If there is only one adult in the studio with the minor client, the session will be cancelled.

If the minor client's transportation is delayed, the staff/trainer will make every effort to wait in a public and safe location.

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Body Outfitters has zero tolerance for violations of this policy. Each staff member is responsible for strict enforcement. Client penalties for violating this policy include:

- A recurrence after first warning is immediate ejection of client from session
- A recurrence after second warning is ejection of client from class and end of the training partnership

Body Outfitters trainers/staff will report any suspected or known misconduct or abuse to the U.S. Center for SafeSport™ via one of the methods below:

- a. Through online reporting [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern)
- b. By phone 1-833-5US-SAFE (1-833-587-7233)

As a Body Outfitters client and/or parent/guardian of a minor client, I will immediately report to Body Outfitters leadership any behavior that is witnessed or have knowledge of behavior by staff or clients that is inappropriate or could be perceived as inappropriate.

I have read and understand the policies regarding working with minor clients and agree that compliance is required to train with Body Outfitters.

Minor Client Name \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_